



Professional Development Course Catalogue

Practical training for real learning environments. Neurodiversity-affirming strategies for teachers, educators, and school support teams.

SACE-Aligned

In-Person

Online

Blended Delivery

School-Based

30+

COURSES

4

DELIVERY
MODES

3

SKILL
LEVELS

About This Training



THE SCHOOL OF LIFE SA

Practical · Ethical · Neurodiversity-Affirming



Ethical & Boundaried

Clear scope and guidance that supports educators and protects learners.



Neurodiversity-Affirming

Strengths-based, inclusive approaches that respect each learner's individuality.



Practical & Usable

Classroom-ready strategies you can apply immediately — no ideal conditions required.



Teachers & Educators

Practical strategies, clearer understanding, and less second-guessing in daily classroom situations.



Support Staff & LSTs

Tools and frameworks to guide consistent, ethical learner support across your school.



School Leadership

Shared language, aligned approaches, and sustainable support plans for your whole team.

LEARNING DIFFERENCES

1 2
3 4

Dyscalculia in the Classroom

BEGINNER LEVEL

1 2
3 4

Dyscalculia in the Classroom

INTERMEDIATE LEVEL

1 2
3 4

Dyscalculia in the Classroom

ADVANCED LEVEL



Dysgraphia in the Classroom

BEGINNER LEVEL



Dysgraphia in the Classroom

INTERMEDIATE LEVEL



Dysgraphia in the Classroom

ADVANCED LEVEL



Dyslexia in the Classroom

BEGINNER LEVEL



Dyslexia in the Classroom

INTERMEDIATE LEVEL



Dyslexia in the Classroom

ADVANCED LEVEL



Dyspraxia in the Classroom

BEGINNER LEVEL



Dyspraxia in the Classroom

INTERMEDIATE LEVEL



Dyspraxia in the Classroom

ADVANCED LEVEL

View all courses & enquire: www.theschooloflifesa.co.za

ENQUIRE NOW

Neurodevelopmental & Social-Emotional Courses



THE SCHOOL OF LIFE SA

Practical · Ethical · Neurodiversity-Affirming

NEURODEVELOPMENTAL



ADHD in the Classroom

In-Person Online Blended



CD in the Classroom

In-Person Online Blended



RSD in the Classroom

In-Person Online Blended



Learning Barriers in the Classroom

In-Person Online Blended

SOCIAL & EMOTIONAL SKILLS



Anger Management in the Classroom

In-Person Online



Anxiety in the Classroom

In-Person Online



Assertive Communication Skills in the Classroom

In-Person Online



Attachment Styles in the Classroom

In-Person Online



Boundary Setting in the Classroom

In-Person Online



Confidence in the Classroom

In-Person Online



Coping Skills in the Classroom

In-Person Online



EQ Skills in the Classroom

In-Person Online



Friendship Skills in the Classroom

In-Person Online

MINDSET & WELLBEING



Mindsets in the Classroom

In-Person Online



Scaffolding in the Classroom

In-Person Online



Self-Esteem in the Classroom

In-Person Online



Social Skills in the Classroom

In-Person Online



Stress Management in the Classroom

In-Person Online



Time Management in the Classroom

In-Person Online

Enquire about whole-school training packages — tailored to your context & capacity.

[ENQUIRE NOW](#)

How It Works & Delivery Options



THE SCHOOL OF LIFE SA

Simple · Supportive · Flexible

HOW THE TRAINING WORKS

1

Enquire

Share your context — your school, role, and current challenges. We listen first.

2

We Recommend a Pathway

A clear recommendation based on what will be most helpful for your team and learners.

3

Training Delivery

Practical, structured training with real-life examples, techniques, and tools you can use immediately.

IN-PERSON (SCHOOL-BASED)

Delivered at your school with your full team. Contextualised to your environment, learner profile, and school culture. Ideal for whole-school alignment.

ONLINE (LIVE SESSIONS)

Live facilitated sessions via video call. Flexible scheduling, interactive, and just as effective as in-person. Access from anywhere.

BLENDED DELIVERY

Combines online and in-person components. We recommend the best option based on your needs, context, and capacity for implementation.

FULL COURSE REFERENCE LIST

- | | | |
|--|--|--|
| <input checked="" type="checkbox"/> ADHD in the Classroom | <input checked="" type="checkbox"/> Anger Management | <input checked="" type="checkbox"/> Anxiety in the Classroom |
| <input checked="" type="checkbox"/> Assertive Communication | <input checked="" type="checkbox"/> Attachment Styles | <input checked="" type="checkbox"/> Boundary Setting |
| <input checked="" type="checkbox"/> CD in the Classroom | <input checked="" type="checkbox"/> Confidence in the Classroom | <input checked="" type="checkbox"/> Coping Skills |
| <input checked="" type="checkbox"/> Dyscalculia — Beginner | <input checked="" type="checkbox"/> Dyscalculia — Intermediate | <input checked="" type="checkbox"/> Dyscalculia — Advanced |
| <input checked="" type="checkbox"/> Dysgraphia — Beginner | <input checked="" type="checkbox"/> Dysgraphia — Intermediate | <input checked="" type="checkbox"/> Dysgraphia — Advanced |
| <input checked="" type="checkbox"/> Dyslexia — Beginner | <input checked="" type="checkbox"/> Dyslexia — Intermediate | <input checked="" type="checkbox"/> Dyslexia — Advanced |
| <input checked="" type="checkbox"/> Dyspraxia — Beginner | <input checked="" type="checkbox"/> Dyspraxia — Intermediate | <input checked="" type="checkbox"/> Dyspraxia — Advanced |
| <input checked="" type="checkbox"/> EQ Skills in the Classroom | <input checked="" type="checkbox"/> Friendship Skills | <input checked="" type="checkbox"/> Learning Barriers |
| <input checked="" type="checkbox"/> Mindsets in the Classroom | <input checked="" type="checkbox"/> RSD in the Classroom | <input checked="" type="checkbox"/> Time Management in the Classroom |
| <input checked="" type="checkbox"/> Scaffolding in the Classroom | <input checked="" type="checkbox"/> Self-Esteem in the Classroom | <input checked="" type="checkbox"/> Social Skills in the Classroom |
| <input checked="" type="checkbox"/> Stress Management | <input checked="" type="checkbox"/> Time Management in the Classroom | + More added regularly |



The School of Life SA

CAN DO · DO HAVE · THE SCHOOL OF LIFE



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The School of Life SA

Training that reduces overwhelm — and increases confidence.

ENQUIRE NOW